**Region 2 / Division 2**

**Coaches,**

**The following is important information regarding the 2025 Powerlifting season:**

**THSPA Membership Dues – The 2025 THSPA membership form is located on the website (in the “State Information” section) and all dues ($75 per school) must be postmarked by January 24, 2025. You can check the website under the Association tab and then click Member Schools. When your dues get posted they will show up on this page. Any school that competes in a meet must be a member in good standing in order for its teams results to count in the regional standings.**

**Important Dates:**

**January 24 - THSPA Dues must be postmarked by this date (form is on the state website).**

**February 22 - Last qualifying date (results on this day must be received by midnight).**

**February 24 - 4:00 pm Weight declarations for lifters qualified in multiple weight classes.**

**March 8 – R2D2 Regional Meet at Gatesville HS - Exact details will be sent at a later date.**

**March 21/22 – State Meet at the Taylor County Expo Center, Abilene, TX.**

**Invitational Meets - If you are hosting an Invitational Meet, you must certify the meet through me. This will be done through the website. You must make sure you follow all rules regarding the number of teams, lifters and certified judges. An invitational meet must consist of no less than three (3) different schools, having no less than five (5) competitors per school. No dual meets are allowed. All judges at any Tri/Quad meet must be T.H.S.P.A. certified. Any meet held on the last qualifying date must have all certified judges for each of the platforms. All results from Invitational Meets must be sent to me by 4:00 PM on the Monday following the meet. Power Score (free download on website) must be used at all meets.**

***Meet results from Schools who have not paid membership dues by the deadline will be dropped, which will affect Regional standings.***

**Regional Standings - these will automatically update as I post meet results each week. Please check these each week and if there are errors in the spelling of your lifters name’s please send me an email so I can get those corrected.**

**If you are new to the Region or Division, please send me your name and contact info so that I can include you in all Regional Communications.**

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